

NEWSLETTER

August 2018



TRUEWEALTH

Coach's Corner...

[The American Dream](#)

[Life Looks Different When We Make It Happen](#)

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The way things "occur" for us causes our way of being and our way of acting. Let me explain. Our world is what we make it. It is created primarily by our conversations, in which there is power to generate a life that we design.

Our culture teaches us that our subjective experiences (emotions, feelings, thoughts, and so on) cause our actions. This is a difficult cultural mindset to overcome. When we are excited, we don't say, "I am being excited," we say, "I am excited." Thus, we take for granted that what we are feeling or thinking inside of us is what produces our actions. Because of all this, our world becomes limited. By isolating the false division between our actions and "what's out there," a whole other way of living becomes possible.

Some people are paralyzed by fear. Some people sense it hiding conveniently just out of sight, ready to pounce at a weak moment. An article in the Harvard Business Review referred to a passage in a Joseph Heller novel. Bob Slocum, a businessman says, "In the office in which I work, there are five people of whom I am afraid. Each of these five people is afraid of four people, for a total of twenty, and each of these twenty is afraid of six people, making a total of one hundred and twenty who are feared by at least one person." The company, in other words, is a pyramid of potential panic, ready to topple when someone whispers, "Jig's up."

Fear often prevents us from reaching our potential—experiencing the full life we really want. This is not so much that fear controls us. Rather, old circumstances from years ago have power over us. For example, my father used to tell us we "would not amount to anything". But, we have the freedom to choose our relationship to old circumstances, and that is the beginning of building power. The opposite of fear is courage. It takes great courage to explore new ways of being in the space where fear used to be.

So, my goal is to live a transformed life. It is easy to say it's not that important, that it is enough to just get by. A transformed life can seem too far away. It takes courage to wrestle with our resistances, to give up mediocrity and live in what is possible. It's a matter of our choosing.

*As a natural product of our assessment of what is possible, we are beginning a series of events that we call **The American Dream Experience**. Our goal is to help each client discover what is possible for you, your family, and friends that you love and care about.*

*Each event will begin on Friday night at 6PM and end on Saturday at about 4PM. Yes, this boot camp runs for a day and a half. And we want **every client** to sign up to go through it. We want your kids to go through it. There is no better legacy to leave a child than to help them discover what is possible in their lives. For some clients, this technology has been life transforming. Who wouldn't want to share that?*

There are three events to pick from. We will continue to schedule more of them in Ames, Carroll, and Omaha, until all clients have attended. See you there!

~ John Sklenar

TrueWealth University...

American Dream Experience

Please join us for your American Dream Experience! *Hosted by Nick and John Sklenar at these locations:*

September 28 & 29 at the Carrollton Inn, Carroll, IA
October 5 & 6 at the Radisson Hotel Ames Conference Center at ISU, Ames, IA
November 2 & 3 at Omaha, NE (location to be determined)

Call 866-792-6668 TODAY to enroll!!

Cost of enrollment is \$49. Current clients and their guests will receive a full scholarship paid for by TrueWealth University!

Join us for a two-day session!

Day 1:

Begin your evening at 6:00 PM with a meal provided. We'll begin to cover the basics of the American Dream Experience, and close the evening around 9:30 PM.

Day 2:

Complimentary coffee and pastries will be available as we start this session at 9:00 AM. A meal will be provided at noon. Your American Dream experience will wrap up at about 4:00 PM.

Don't move to Venezuela!

What is going on in Venezuela? The country is collapsing, that's all. This socialist country has been looted by its leaders. It is suffering from a humanitarian crisis. There is little food, little healthcare, little water and electricity; little of anything, for that matter. Except for oil. The country is a major oil producer.

Venezuela's inflation rate will hit 14,000% in 2018. Yup, I have the correct number of zeros in there. The biggest bank note in Venezuela is 100,000 Bolivars. A year ago that would buy 11 pounds of rice. This year, it will buy one cigarette. The prices increase about 100% per month. The International Monetary Fund (IMF) predicts inflation will hit 1,000,000% by year's end!

A pair of reading glasses cost one billion bolivars (about \$300 on the black market). It would require 10,000 of the largest bank notes to pay in cash. Some vendors are starting to weigh the money instead of taking the time to count it out. Few people can afford to buy glasses, though. They cost 200 times the minimum wage of five million bolivars a month (1,000,000,000 bolivars per pair).

Another problem in their banking system currently is the pressure on the technology systems that are at the breaking point due to transactions that run into the billions of bolivars. Many supermarkets, for example, have to divide sales into more than one transaction because their systems are limited to figures of 20 million. Every transaction costs hundreds of millions or billions.

The only product untouched by inflation in this oil-rich country is gas. Here, it is cheaper than any other country. It costs 50 bolivars to fill a car with gas. Practically free! A single US dollar can buy 3.3 million liters of petrol.

Fifty bolivars for a tank full of gas or one billion bolivars for a pair of glasses. Hmmm... I'll take America any day.

~ John Sklenar



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